Assisted living facilities, senior living facilities and adult day programs

What facilities can do to prepare for COVID-19, if the facility has cases of COVID-19, or if the community is experiencing spread of COVID-19.

Start now:

• Implement social distancing measures:
  o Reduce large gatherings (e.g., group social events).
  o Alter schedules to reduce mixing (e.g., stagger meal, activity, arrival/departure times).
  o Limit programs with external staff.
  o Consider having residents stay in the facility and limit exposure to the general community.
  o Limit visitors and implement visitor screening.
• Screen attendees, staff, and visitors' temperature and respiratory symptoms.

Continue these activities:

• Know where to find local information on COVID-19.
• Know the signs and symptoms of COVID-19 and what to do if clients/residents or staff become symptomatic.
• Review and update emergency operations plan (including implementation of social distancing measures) or develop a plan if one is not available.
• Encourage personal protective measures among staff, residents and clients who live elsewhere (e.g., stay home or in residence when sick, hand-washing, respiratory etiquette).
• Clean frequently touched surfaces daily.
• Ensure hand hygiene supplies are readily available in all buildings.

Adapted from the Minnesota Department of Health Strategies to Slow the Spread of COVID-19 in Minnesota