

HOW TO CLEAN A CLOTH FACE MASK

1

Take mask off by the ear, careful not to touch your face, and wash as soon as possible. Wash hands immediately for 20 seconds after removing the mask.

2

Machine wash with detergent in hot water.

3

Dry on high heat without damaging or shrinking the mask.

4

Frequently wash, ideally after each use, or daily. Have a bag or bin to keep cloth masks in until they can be cleaned.

5

Masks can also be sanitized in the sink. Fill sink with hot water and dish soap. Let face mask soak in hot soapy water for 5 minutes, scrub for 20 seconds. Be sure to let completely dry before re-wearing.

6

You can iron masks on the cotton or linen setting to kill any remaining germs.

